



## What To Wear for Figure Skating

- Proper figure skates
- Skating dresses, skirts, pants or leggings; skating pants with stretchy material. (No jeans or other restrictive clothing (street wear) allowed on the ice)
- Fitted sweaters, fitted zip up sweaters or shirts that do not fall below the hips
- Gloves

### NOT ALLOWED

- loose fitting sweatshirts or sweatpants
- hoddies, tank tops, tube tops, tops with low-cut necklines or have their midriff showing
- sleeveless shirts/tops
- tops/sweaters that fall below the hips
- jeans
- hats, earmuffs, hoods (except for young STAR 1 &2 skaters who are cold, wearing snug fitting hats will be acceptable)